COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



802 W. Colton Ave Suite D Redlands CA, 92373

| | Maternity T | Childbirth Preparation Class – | | | | |
|-----|--|--------------------------------|---|-----------------|---------------|---|
| | 6:00-7:00p | Cost: \$100.00 | | | | |
| | | 5:00pm –8:30pm | | | | |
| | <u>Wednesday</u> | <u>Friday</u> | | | | |
| | April 30 | April 11 | | | | |
| | May 21 May 2 | | Two -3 hour class | | | |
| | June 11 | June 6 | Wednesday A | April 16 & 2 | .3 | |
| | June 11 | June 0 | Monday May | 12 & 19 | | |
| | *Additional Times may become available* Childbirth Preparation (Accelerated Class) | | Monday June 2 & 9 | | | |
| | | | | | | |
| | Cost: \$100.00 | | | | | |
| | 9:00am-5:00pm (one-day) | | | | | |
| | <u>Saturday</u> | | | | | |
| | April 19 | | | | | |
| | May 10 June 14 | | | | | |
| | | | | | | |
| | Breastfeeding Basics (Prior to delivery) | | Childbirth Refresher | | | |
| | Cost: \$25.00 | | Cost: \$35.00 /5:00- 8:30pm | | | |
| | 9:00am-12:00pm | | | | 1 | |
| | Saturday | | Attend the First class from Childbirth Preparation Course. | | | |
| | April 26 | | | | | |
| | May 24 | | | | | |
| | June 28 | April 16, May 12, June 2 | | | | |
| | | Classes and Tours are fo | r you and <u>one</u> support person. | | | |
| | * Please No Children at Classes and Tours * | | | | | |
| | Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building. | | | | | |
| | To register for classes, you can Pay and Register over the Phone by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374 | | | | | |
| | 909-793-6330, of Ma | ks Payable to RCH - | | | | |
| | For Medi-cal and IEHP patients, | - | | der our Pregnai | ncy Education | |
| | | | ram (CPSP). | | 0 | • |
| | Last Name: First Name: | | 1 | Telephone # | () | |
| | Mailing Address: Estimated delivery date Date of Birth | | City: | | Zip Code: | |
| | imated delivery date | OB/GYN's Provider's Name: | | | | |
| | you delivering at Redlands Com | If not, wh | | | Т | |
| Sel | ect the class(es) you want - place | | Desire | d Dates | Cost | |
| | Mother-Baby Units orientation 7 | | | | No Charge. | |
| | Childbirth Preparation Classes | | | | \$100.00 | |
| | Childbirth Refresher | | | | \$35.00 | |
| | Childbirth Preparation (Weekend | | | | \$100.00 | |
| | Breastfeeding Basics | | | | \$25.00 | |