

COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



802 W. Colton Ave Suite D
Redlands CA, 92373

<p>Maternity Tours Wednesday 5:00-6:00pm</p> <p><u>WEDNESDAY</u> January 17 February 21 March 13</p>	<p>Childbirth Preparation Class – Series of Three - 3 hour classes Includes Mother-Baby Units Orientation Tour Cost: \$100.00 5:30pm –8:30pm</p> <p><u>MONDAY</u> January 8,15,22 February 5,12,26 March 4,18,25</p>
<p>Childbirth Preparation (Accelerated Class) Cost: \$100.00 Hours: 9:00am-5:00pm (one-day)</p> <p><u>Saturday</u> January 6 February 3 March 2</p>	
<p>Breastfeeding Basics (prior to delivery) Cost: \$25.00 Hours: 9:00am-11:00am</p> <p><u>Saturday</u> January 20 February 17 March 16</p>	<p>Childbirth Refresher Cost: \$35.00 /Hours: 5:30- 8:30pm</p> <p>Attend the second class from Childbirth Preparation Course.</p> <p><u>Monday</u> January 15, February 12, March 18</p>
<p>For all the Childbirth classes, Please bring the Following: Two pillows and a small blanket for breathing and Relaxation Exercises * Please No Children at Classes and Tours *</p>	

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.

To register for classes, you can **Pay and Register over the Phone** by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH -

For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).

Last Name:		First Name:		Telephone # ()		
Mailing Address:			City:		Zip Code:	
Estimated delivery date		Date of Birth		OB/GYN's Provider's Name:		
Are you delivering at Redlands Community Hospital?			If not, where?			
Select the class(es) you want – place a √				Desired Dates		Cost
<input type="checkbox"/> Mother-Baby Units orientation Tour						No Charge.
<input type="checkbox"/> Childbirth Preparation Classes includes Tour						\$100.00
<input type="checkbox"/> Childbirth Refresher						\$35.00
<input type="checkbox"/> Childbirth Preparation (Weekend Class)						\$100.00
<input type="checkbox"/> Breastfeeding Basics						\$25.00